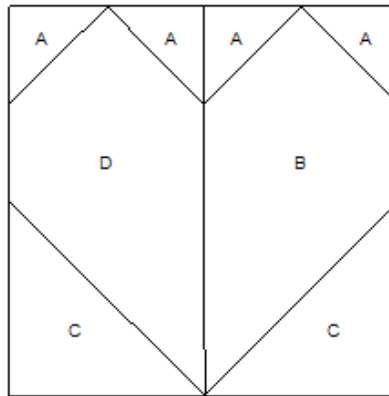


HAVE A HEART
4" X 4"; 6" X 6"
 FIDRECHICK

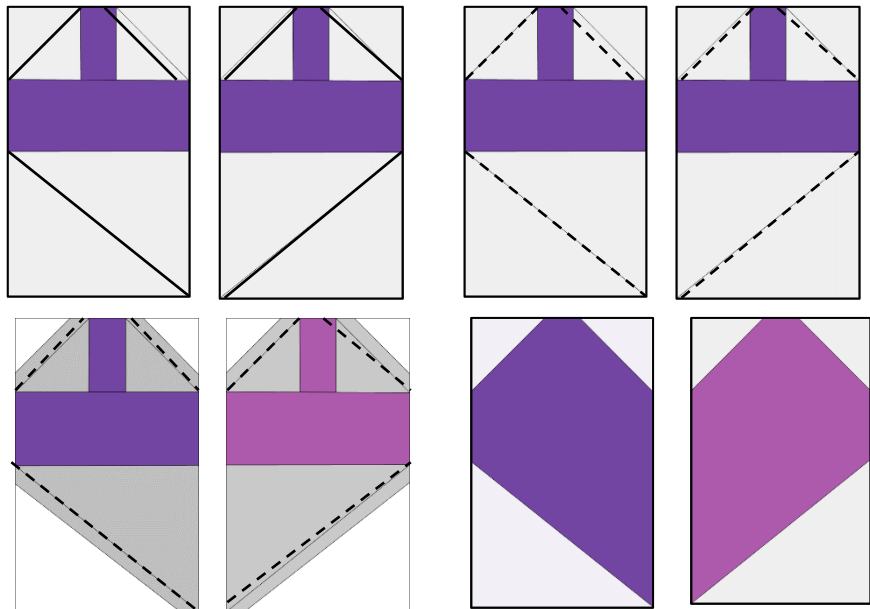
1. **COLOUR** the heart outline to match your fabric cuts. .
2. **CUT**, using the chart, according to the size of block to be made.
3. **DRAW** diagonal lines on the wrong side of all of the squares.
4. **LAYOUT** the squares, RST, on the rectangles. Be careful to ensure the drawn lines make the shape of a heart.
5. **SEW** on the drawn lines.
6. **TRIM** the corners, on the wrong side, $\frac{1}{4}$ " from the sewn line. **PRESS** open forming a triangle.
7. **TRIM** the rectangular block units to measure:
 - $2\frac{1}{2}$ " x $4\frac{1}{2}$ " (4" x 4")
 - $3\frac{1}{2}$ " x $6\frac{1}{2}$ " (6" x 6")
8. **STITCH**, with RST, the two rectangle block units together. **PRESS** the seam towards the darkest fabric.
9. **TRIM** the blocks to measure:
 - $4\frac{1}{2}$ " x $4\frac{1}{2}$ " (4" x 4")
 - $6\frac{1}{2}$ " x $6\frac{1}{2}$ " (6" x 6")



- All sewn seams are $\frac{1}{4}$ ".
- Right Sides Together: RST

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		4" x 4"	6" x 6"
Background	A	4 - 1" x 1"	4 - $1\frac{1}{4}$ " x $1\frac{1}{4}$ "
	C	2 - $2\frac{1}{2}$ " x $2\frac{1}{2}$ "	2 - $3\frac{1}{2}$ " x $3\frac{1}{2}$ "
Scrap Fabric 1	B	1 - $2\frac{1}{2}$ " x $4\frac{1}{2}$ "	1 - $3\frac{1}{2}$ " x $6\frac{1}{2}$ "
Scrap Fabric 2	D	1 - $2\frac{1}{2}$ " x $4\frac{1}{2}$ "	1 - $3\frac{1}{2}$ " x $6\frac{1}{2}$ "
		MUG MAT	HOT PAD
Borders		2 - $1\frac{1}{4}$ " X $4\frac{1}{2}$ "	2 - $1\frac{1}{4}$ " X $6\frac{1}{2}$ "
		2 - $1\frac{1}{4}$ " X 6"	2 - $1\frac{1}{4}$ " X 8"



MUG MAT or HOT PAD

PLEASE NOTE: All borders are added by sewing first to the sides of the block; next to the top and bottom of the block.

- **COMPLETE** BY ADDING the Border Frame using the fabric cuts listed.
- **LAYER BATTING**; BACKING & BLOCK RST.
- **SEW AROUND THE OUTER EDGE** LEAVING 2" TO 3" OPENING. **CLIP CORNERS TO REDUCE BULK.**
- **TURN RIGHT SIDES OUT.**
- **QUILT (STITCH)** IN THE DITCH.
- **STITCH THE OPENING SHUT.**