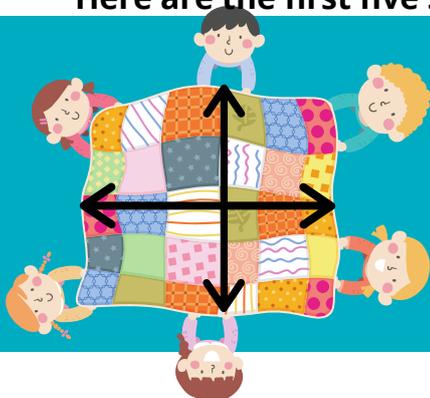


# DIY BINDING

Frame your quilt with economical, do-it-yourself (DIY) binding. Cutting your own binding takes little time and offers the added benefit of a greater range of fabric choice. This binding is for quilts with straight sides and square corners.

Here are the first five steps to creating your own durable double fold binding.



## 1. MEASURE:

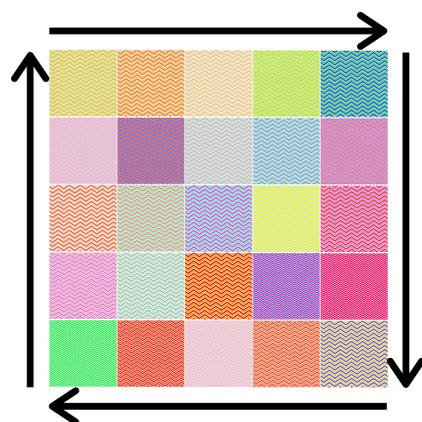
- Quilt Length (L): \_\_\_\_
- Quilt Width (W): \_\_\_\_

## 2. DETERMINE THE QUILT PERIMETER (P):

- $(L \text{ ____} " \times 2) + (W \text{ ____} " \times 2)$

OR

- $L \text{ ____} " + L \text{ ____} " + W \text{ ____} " + W \text{ ____} " = P \text{ ____} "$



## 3. ADD A 10 INCH ALLOWANCE FOR THE UNEXPECTED.

- $P \text{ ____} " + 10" = \text{ ____} "$  Perimeter plus extra (PE)

## 4. DETERMINE:

- Required number of  $2 \frac{1}{4}$ " or  $2 \frac{1}{2}$ " strips of fabric.
- Required yardage.



Fabric cut from selvedge edge to selvedge edge, across the width of fabric (WOF) is called a cross-grain cut. The following calculations are based on 40" WOF, along with a  $2 \frac{1}{4}$ " width binding. However, popular  $2 \frac{1}{2}$ " precut strips are a great binding alternative too.

NUMBER OF STRIPS TO CUT:  $PE \text{ ____} \text{ divided by } 40" = \text{ ____}$  Round up.

YARDAGE REQUIRED:  $\text{Number of strips } \text{ ____} \times 2.25" (2 \frac{1}{4} ") = \text{ ____} "$

## 5. JOIN THE FABRIC STRIPS end to end.

- **THREAD** your sewing machine with a coordinating or neutral colour thread.
- **LAYER, 2 - 2 1/4" X WOF** fabric strips, **RIGHT SIDES TOGETHER**, crossing the ends at right angles.
- **DRAW**, using a pencil, a diagonal line on the **WRONG SIDE** of the top fabric.
- **PIN**, then **STITCH** on the drawn line.
- **CUT 1/4" seam**. This reduces bulk from the binding.
- **PRESS** the seam open. **TRIM** any fabric ends that extend beyond the raw edges.
- **SEW** the remaining strips of fabric together to make a long length of fabric called **binding**.
- **PRESS** the binding in half **WRONG SIDES TOGETHER**.  
Set aside the double fold binding till ready to **BIND** your quilt.

